COVID-19
MEDICAL ROOMS

GUIDANCE & RESOURCES
Prior to opening

- Conduct routine checks and take all measures appropriate to reopening after a prolonged closure e.g. consideration of requirements for legionella risk management due to stagnant water in plumbing systems.
- Adjustments must be made such as signage, taping off areas and floor markings to ensure physical distancing and facilitate good hand and other hygiene.
- Review all medical facilities to determine whether the fixtures and fittings are in good working order and replace or repair if not.
- Consider the need for additional waste management arrangements.
- Ensure all staff are adequately trained on cleaning arrangement and signed off accordingly.
Enhanced cleaning

- Frequency – should be increased beyond what has been the case before COVID-19 and should be based on a risk assessment which includes both the usage of the facility and the fact that COVID-19 survives on the hard surfaces present for at least 72 hours
- Products used – should be a disinfectant not detergent-based product
- Areas of particular concern – it is important that attention is paid to frequently touched areas including beds, mattresses and handles, taps, paper towel and soap dispensers and door handles on access/entry
- Enhanced monitoring of facilities will be required to ensure hygiene is maintained
- Clearly display enhanced cleaning rota and ensure it is adhered to i.e. a documented record that the checks have been carried out for the public to see
- The cleaning rota should be supplemented with a cleaning schedule or similar procedure log that details the manner and frequency of cleaning of the various surfaces
Enhanced cleaning

- Remove any unnecessary or communal items within the facility (e.g. ornaments or cosmetic items) to facilitate cleaning
- Ensure that if a staff key fob or key is required to access the facilities this is cleaned between uses
- PPE should be provided where needed in line with Health Protection Wales – e.g gloves for emptying the rubbish bin or cleaning & plastic apron & masks when in close proximity of patients
- Staff should be trained in appropriate cleaning methods for area and the use of the equipment and products for cleaning and disinfection
- Special care should be taken with the cleaning of medical beds

Recommended cleaning products

- Desguard 20
- DRYSAN OXY
- Single use cleaning wipes
Enhanced cleaning

- Reusable equipment should be removed and replaced with disposable (e.g. fabric towels, pillows)
- Ensure that towelling couch covers are not utilised
- Replace towels after each treatment and ensure they are laundered appropriately
- Avoid the use of pillows unless the cover can be changed between each treatment
- Clean all equipment and beds before and after each treatment

Communication

- Use signs and posters to: build awareness of good handwashing technique and reinforce the need to increase handwashing frequency, to avoid touching your face; and to cough or sneeze into a tissue, which is binned safely, or into your arm if a tissue is not
- Utilise the following posters: - catch it, bin it, kill it, hand washing & hand sanitising
Hand Hygiene
- Provide liquid soap and ensure there is adequate stock at all times
- Consider providing hand sanitiser dispensing units
- Consider adjusting the time that push/sensor taps are on to encourage 20 seconds of hand washing
- Provide hand-drying facilities – either paper towels with appropriate and frequent waste disposal as opposed to electric hand driers
- Reduce the requirement for surfaces to be touched once hands have been washed on the way out of facilities e.g. prop open exit door
- Consider providing hand sanitiser gel at the entry and exit from the facility. With adequate hand washing, the contamination of contact surfaces on leaving the facilities should be minimised. However, we know that many people do not wash their hands properly
Physical distancing

- Operators should consider how to limit the number of people within facilities with multiple beds e.g. with signage on the door instructing patients to wait outside.
- Physical distancing should be maintained by way of signage and floor markings.
- Consider whether additional measures such as physical barriers are required e.g. screens provide barriers in venues with multiple beds.
- Consider whether distances between equipment e.g. beds, are sufficient and consistent with physical distancing policy.
- Consider the route to and from medical room, in particular how to maintain physical distancing and cleaning of possible touchpoints.
- Use one-way systems where this is possible.
- Advise Medical staff member to wear appropriate personal protective equipment (PPE).
Ventilation
- Consider propping open doors to limit hand to surface contact points if possible and increased air flow
- Open all necessary windows to increase air circulation

Essentials
- COSHH data sheets & task cards to be obtained when purchasing new chemicals
- Blue roll to be used when cleaning – no re-usable cloths
- When purchasing any chemical cleaning liquid, ensure you check recommended contact time of products. E.g Desguard 20 recommends a 5 minute, minimum surface contact time due to COVID-19 – Drysan OXY is 30 seconds and wipes are instant in most cases.
- Alcohol based sanitiser to be used
- Staff sign off on the above vital for due-diligence
DISPLAY POSTERS

TOGETHER
WE CAN
BEAT THIS
MORE THAN EVER IT IS IMPORTANT TO KEEP YOUR DISTANCE WHILST WORKING, DO WAIT FOR OTHERS TO LEAVE BEFORE ENTERING.

To help us with social distancing only 1 person should be in here at a time.

How to Handrub?

Duration of the entire procedure: 15-30 seconds

1. Apply a paddle of the product to a cupped hand, covering an area.
2. Spread over all surfaces of hands with rubbing between fingers.
3. Rub all surfaces of hands with rubbing between fingers.
4. Rub all surfaces of hands with rubbing between fingers.
5. Rub all surfaces of hands with rubbing between fingers.
6. Rub all surfaces of hands with rubbing between fingers.

How to Handwash?

Duration of the entire procedure: 30-60 seconds

1. Wet hands with water.
2. entsprechende gesenkelte Nur 1. 0.25431
3. Dry hands with paperless.
4. Rub all surfaces of hands with rubbing between fingers.
5. Rub all surfaces of hands with rubbing between fingers.
6. Rub all surfaces of hands with rubbing between fingers.

CATCH IT
Germs spread easily. Always carry tissues and use them to catch your cough or sneeze.

BIN IT
Germs can live in a few hours on tissues. Dispose of your tissues as soon as possible.

KILL IT
Hands can transfer germs to every surface you touch. Clean your hands as soon as you can.
THANK YOU