

PATHWAY TO PARTICIPATION

WRU CUP COMPETITIONS



SENIOR MEN

BOWL

NB These competitions will be played under the agreed modified Laws for 15-a-side rugby to reduce contact especially around scrum and maul.

| DISTRICT |    |                                                                                                       |    |    |    |
|----------|----|-------------------------------------------------------------------------------------------------------|----|----|----|
| A        | A1 | Aberbargoed<br>Abertysswg<br>Falcons<br>New Tredegar<br>Rhymney<br>Blackwood Stars                    | A2 | A3 | A4 |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
| B        | B1 | Caerau Ely<br>Canton<br>Fairwater<br>Llandaff<br>Llandaff North                                       | B2 | B3 |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
| C        | C1 | Tylorstown<br>Wattstown<br>Tonyrefail<br>Penygraig<br>Treherbert                                      | C2 |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
| D        | D1 | Cefn Cribbwr<br>Bryncethin<br>Glyncorwg<br>Maesteg<br>Nantymoel                                       | D2 | D3 |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
| E        | E1 | Cwmllynfell<br>Penlan<br>Swansea Uplands<br>Vardre<br>Abercrave                                       | E2 |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
| F        | F1 | Amman United<br>Betws<br>Cefneithin<br>Cwmgors<br>Tumble                                              | F2 |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
| G        | G1 | Lampeter Town<br>Laugharne<br>Llanybydder<br>St Clears<br>Tregaron                                    | G2 |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
| H        | H1 | Aberaeron<br>Cardigan<br>Haverfordwest<br>Llangwm<br>Neyland<br>Pembroke Dock Harlequins<br>St Davids |    |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
| J        | J1 | Wrexham<br>Shotton Steel<br>Mold<br>Rhyl and District                                                 | J2 | J3 |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |
|          |    |                                                                                                       |    |    |    |