



NATIONAL LEAGUE 2022/23 FIXTURES

1 EAST CENTRAL

03/09/2022	Rumney RFC	✓	St. Peters RFC
	Ynysybwł RFC	✓	Mountain Ash RFC
	Dinas Powys RFC	✓	Barry RFC
	Cambrian Welfare RFC	✓	Rhiwbina RFC
	Porth Harlequins RFC	✓	St Josephs RFC
	Rhydyfelin RFC	✓	Treorchy RFC

10/09/2022	Mountain Ash RFC	✓	Rumney RFC
	St. Peters RFC	✓	Dinas Powys RFC
	Rhiwbina RFC	✓	Ynysybwł RFC
	Barry RFC	✓	Porth Harlequins RFC
	Treorchy RFC	✓	Cambrian Welfare RFC
	St Josephs RFC	✓	Rhydyfelin RFC

24/09/2022	Dinas Powys RFC	✓	Rumney RFC
	Porth Harlequins RFC	✓	St. Peters RFC
	Mountain Ash RFC	✓	Rhiwbina RFC
	Ynysybwł RFC	✓	Treorchy RFC
	Rhydyfelin RFC	✓	Barry RFC
	Cambrian Welfare RFC	✓	St Josephs RFC

01/10/2022	Rumney RFC	✓	Rhiwbina RFC
	St. Peters RFC	✓	Rhydyfelin RFC
	Treorchy RFC	✓	Mountain Ash RFC
	Dinas Powys RFC	✓	Porth Harlequins RFC
	St Josephs RFC	✓	Ynysybwł RFC
	Barry RFC	✓	Cambrian Welfare RFC

08/10/2022	Porth Harlequins RFC	✓	Rumney RFC
	Cambrian Welfare RFC	✓	St. Peters RFC
	Mountain Ash RFC	✓	St Josephs RFC
	Rhydyfelin RFC	✓	Dinas Powys RFC
	Rhiwbina RFC	✓	Treorchy RFC
	Ynysybwł RFC	✓	Barry RFC

22/10/2022	Rumney RFC	✓	Treorchy RFC
	St. Peters RFC	✓	Ynysybwł RFC
	Barry RFC	✓	Mountain Ash RFC
	Dinas Powys RFC	✓	Cambrian Welfare RFC
	St Josephs RFC	✓	Rhiwbina RFC
	Porth Harlequins RFC	✓	Rhydyfelin RFC

12/11/2022	Rhydyfelin RFC	✓	Rumney RFC
	Mountain Ash RFC	✓	St. Peters RFC
	Ynysybwł RFC	✓	Dinas Powys RFC
	Rhiwbina RFC	✓	Barry RFC
	Cambrian Welfare RFC	✓	Porth Harlequins RFC
	Treorchy RFC	✓	St Josephs RFC

03/12/2022	Rumney RFC	✓	St Josephs RFC
	St. Peters RFC	✓	Rhiwbina RFC
	Dinas Powys RFC	✓	Mountain Ash RFC
	Porth Harlequins RFC	✓	Ynysybwł RFC
	Barry RFC	✓	Treorchy RFC
	Rhydyfelin RFC	✓	Cambrian Welfare RFC

10/12/2022	Cambrian Welfare RFC	✓	Rumney RFC
	Treorchy RFC	✓	St. Peters RFC
	Mountain Ash RFC	✓	Porth Harlequins RFC
	Rhiwbina RFC	✓	Dinas Powys RFC
	Ynysybwł RFC	✓	Rhydyfelin RFC
	St Josephs RFC	✓	Barry RFC

17/12/2022	Rumney RFC	✓	Barry RFC
	St. Peters RFC	✓	St Josephs RFC
	Rhydyfelin RFC	✓	Mountain Ash RFC
	Dinas Powys RFC	✓	Treorchy RFC
	Cambrian Welfare RFC	✓	Ynysybwł RFC
	Porth Harlequins RFC	✓	Rhiwbina RFC

07/01/2023	Ynysybwł RFC	✓	Rumney RFC
	Mountain Ash RFC	✓	Cambrian Welfare RFC
	St Josephs RFC	✓	Dinas Powys RFC
	Rhiwbina RFC	✓	Rhydyfelin RFC
	Treorchy RFC	✓	Porth Harlequins RFC
	Barry RFC	✓	St. Peters RFC

14/01/2023	St. Peters RFC	✓	Rumney RFC
	Mountain Ash RFC	✓	Ynysybwł RFC
	Barry RFC	✓	Dinas Powys RFC
	Rhiwbina RFC	✓	Cambrian Welfare RFC
	St Josephs RFC	✓	Porth Harlequins RFC
	Treorchy RFC	✓	Rhydyfelin RFC

21/01/2023	Rumney RFC	✓	Mountain Ash RFC
	Dinas Powys RFC	✓	St. Peters RFC
	Ynysybwł RFC	✓	Rhiwbina RFC
	Porth Harlequins RFC	✓	Barry RFC
	Cambrian Welfare RFC	✓	Treorchy RFC
	Rhydyfelin RFC	✓	St Josephs RFC

28/01/2023	Rumney RFC	✓	Dinas Powys RFC
	St. Peters RFC	✓	Porth Harlequins RFC
	Rhiwbina RFC	✓	Mountain Ash RFC
	Treorchy RFC	✓	Ynysybwł RFC
	Barry RFC	✓	Rhydyfelin RFC
	St Josephs RFC	✓	Cambrian Welfare RFC

18/02/2023	Rhiwbina RFC	✓	Rumney RFC
	Rhydyfelin RFC	✓	St. Peters RFC
	Mountain Ash RFC	✓	Treorchy RFC
	Porth Harlequins RFC	✓	Dinas Powys RFC
	Ynysybwł RFC	✓	St Josephs RFC
	Cambrian Welfare RFC	✓	Barry RFC

04/03/2023	Rumney RFC	✓	Porth Harlequins RFC
	St. Peters RFC	✓	Cambrian Welfare RFC
	St Josephs RFC	✓	Mountain Ash RFC
	Dinas Powys RFC	✓	Rhydyfelin RFC
	Treorchy RFC	✓	Rhiwbina RFC
	Barry RFC	✓	Ynysybwł RFC

25/03/2023	Treorchy RFC	✓	Rumney RFC
	Ynysybwł RFC	✓	St. Peters RFC
	Mountain Ash RFC	✓	Barry RFC
	Cambrian Welfare RFC	✓	Dinas Powys RFC
	Rhiwbina RFC	✓	St Josephs RFC
	Rhydyfelin RFC	✓	Porth Harlequins RFC

01/04/2023	Rumney RFC	✓	Rhydyfelin RFC
	St. Peters RFC	✓	Mountain Ash RFC
	Dinas Powys RFC	✓	Ynysybwł RFC
	Barry RFC	✓	Rhiwbina RFC
	Porth Harlequins RFC	✓	Cambrian Welfare RFC
	St Josephs RFC	✓	Treorchy RFC

08/04/2023	St Josephs RFC	✓	Rumney RFC
	Rhiwbina RFC	✓	St. Peters RFC
	Mountain Ash RFC	✓	Dinas Powys RFC
	Ynysybwł RFC	✓	Porth Harlequins RFC
	Treorchy RFC	✓	Barry RFC
	Cambrian Welfare RFC	✓	Rhydyfelin RFC

15/04/2023	Rumney RFC	✓	Cambrian Welfare RFC
	St. Peters RFC	✓	Treorchy RFC
	Porth Harlequins RFC	✓	Mountain Ash RFC
	Dinas Powys RFC	✓	Rhiwbina RFC
	Rhydyfelin RFC	✓	Ynysybwł RFC
	Barry RFC	✓	St Josephs RFC

22/04/2023	Barry RFC	✓	Rumney RFC
	St Josephs RFC	✓	St. Peters RFC
	Mountain Ash RFC	✓	Rhydyfelin RFC
	Treorchy RFC	✓	Dinas Powys RFC
	Ynysybwł RFC	✓	Cambrian Welfare RFC
	Rhiwbina RFC	✓	Porth Harlequins RFC

29/04/2023	Rumney RFC	✓	Ynysybwł RFC
	Cambrian Welfare RFC	✓	Mountain Ash RFC
	Dinas Powys RFC	✓	St Josephs RFC
	Rhydyfelin RFC	✓	Rhiwbina RFC
	Porth Harlequins RFC	✓	Treorchy RFC
	St. Peters RFC	✓	Barry RFC