



NATIONAL LEAGUE 2022/23 FIXTURES

4 EAST

03/09/2022

Newport Saracens RFC	v	Chepstow RFC
New Tredegar RFC	v	Whiteheads RFC
Bedwellty RFC	v	New Panteg RFC
Hafodyrynys RFC	v	Nantyglo RFC
Trinant RFC	v	Blackwood Stars RFC
Fleur De Lys RFC	v	St. Julians HSOB RFC

10/09/2022

Whiteheads RFC	v	Newport Saracens RFC
Chepstow RFC	v	Bedwellty RFC
Nantyglo RFC	v	New Tredegar RFC
New Panteg RFC	v	Trinant RFC
St. Julians HSOB RFC	v	Hafodyrynys RFC
Blackwood Stars RFC	v	Fleur De Lys RFC

24/09/2022

Bedwellty RFC	v	Newport Saracens RFC
Trinant RFC	v	Chepstow RFC
Whiteheads RFC	v	Nantyglo RFC
New Tredegar RFC	v	St. Julians HSOB RFC
Fleur De Lys RFC	v	New Panteg RFC
Hafodyrynys RFC	v	Blackwood Stars RFC

01/10/2022

Newport Saracens RFC	v	Nantyglo RFC
Chepstow RFC	v	Fleur De Lys RFC
St. Julians HSOB RFC	v	Whiteheads RFC
Bedwellty RFC	v	Trinant RFC
Blackwood Stars RFC	v	New Tredegar RFC
New Panteg RFC	v	Hafodyrynys RFC

08/10/2022

Trinant RFC	v	Newport Saracens RFC
Hafodyrynys RFC	v	Chepstow RFC
Whiteheads RFC	v	Blackwood Stars RFC
Fleur De Lys RFC	v	Bedwellty RFC
Nantyglo RFC	v	St. Julians HSOB RFC
New Tredegar RFC	v	New Panteg RFC

22/10/2022

Newport Saracens RFC	v	St. Julians HSOB RFC
Chepstow RFC	v	New Tredegar RFC
New Panteg RFC	v	Whiteheads RFC
Bedwellty RFC	v	Hafodyrynys RFC
Blackwood Stars RFC	v	Nantyglo RFC
Trinant RFC	v	Fleur De Lys RFC

12/11/2022

Fleur De Lys RFC	v	Newport Saracens RFC
Whiteheads RFC	v	Chepstow RFC
New Tredegar RFC	v	Bedwellty RFC
Nantyglo RFC	v	New Panteg RFC
Hafodyrynys RFC	v	Trinant RFC
St. Julians HSOB RFC	v	Blackwood Stars RFC

03/12/2022

Newport Saracens RFC	v	Blackwood Stars RFC
Chepstow RFC	v	Nantyglo RFC
Bedwellty RFC	v	Whiteheads RFC
Trinant RFC	v	New Tredegar RFC
New Panteg RFC	v	St. Julians HSOB RFC
Fleur De Lys RFC	v	Hafodyrynys RFC

10/12/2022

Hafodyrynys RFC	v	Newport Saracens RFC
St. Julians HSOB RFC	v	Chepstow RFC
Whiteheads RFC	v	Trinant RFC
Nantyglo RFC	v	Bedwellty RFC
New Tredegar RFC	v	Fleur De Lys RFC
Blackwood Stars RFC	v	New Panteg RFC

17/12/2022

Newport Saracens RFC	v	New Panteg RFC
Chepstow RFC	v	Blackwood Stars RFC
Fleur De Lys RFC	v	Whiteheads RFC
Bedwellty RFC	v	St. Julians HSOB RFC
Hafodyrynys RFC	v	New Tredegar RFC
Trinant RFC	v	Nantyglo RFC

07/01/2023

New Tredegar RFC	v	Newport Saracens RFC
Whiteheads RFC	v	Hafodyrynys RFC
Blackwood Stars RFC	v	Bedwellty RFC
Nantyglo RFC	v	Fleur De Lys RFC
St. Julians HSOB RFC	v	Trinant RFC
New Panteg RFC	v	Chepstow RFC

14/01/2023

Chepstow RFC	v	Newport Saracens RFC
Whiteheads RFC	v	New Tredegar RFC
New Panteg RFC	v	Bedwellty RFC
Nantyglo RFC	v	Hafodyrynys RFC
Blackwood Stars RFC	v	Trinant RFC
St. Julians HSOB RFC	v	Fleur De Lys RFC

21/01/2023

Newport Saracens RFC	v	Whiteheads RFC
Bedwellty RFC	v	Chepstow RFC
New Tredegar RFC	v	Nantyglo RFC
Trinant RFC	v	New Panteg RFC
Hafodyrynys RFC	v	St. Julians HSOB RFC
Fleur De Lys RFC	v	Blackwood Stars RFC

28/01/2023

Newport Saracens RFC	v	Bedwellty RFC
Chepstow RFC	v	Trinant RFC
Nantyglo RFC	v	Whiteheads RFC
St. Julians HSOB RFC	v	New Tredegar RFC
New Panteg RFC	v	Fleur De Lys RFC
Blackwood Stars RFC	v	Hafodyrynys RFC

18/02/2023

Nantyglo RFC	v	Newport Saracens RFC
Fleur De Lys RFC	v	Chepstow RFC
Whiteheads RFC	v	St. Julians HSOB RFC
Trinant RFC	v	Bedwellty RFC
New Tredegar RFC	v	Blackwood Stars RFC
Hafodyrynys RFC	v	New Panteg RFC

04/03/2023

Newport Saracens RFC	v	Trinant RFC
Chepstow RFC	v	Hafodyrynys RFC
Blackwood Stars RFC	v	Whiteheads RFC
Bedwellty RFC	v	Fleur De Lys RFC
St. Julians HSOB RFC	v	Nantyglo RFC
New Panteg RFC	v	New Tredegar RFC

25/03/2023

St. Julians HSOB RFC	v	Newport Saracens RFC
New Tredegar RFC	v	Chepstow RFC
Whiteheads RFC	v	New Panteg RFC
Hafodyrynys RFC	v	Bedwellty RFC
Nantyglo RFC	v	Blackwood Stars RFC
Fleur De Lys RFC	v	Trinant RFC

01/04/2023

Newport Saracens RFC	v	Fleur De Lys RFC
Chepstow RFC	v	Whiteheads RFC
Bedwellty RFC	v	New Tredegar RFC
New Panteg RFC	v	Nantyglo RFC
Trinant RFC	v	Hafodyrynys RFC
Blackwood Stars RFC	v	St. Julians HSOB RFC

08/04/2023

Blackwood Stars RFC	v	Newport Saracens RFC
Nantyglo RFC	v	Chepstow RFC
Whiteheads RFC	v	Bedwellty RFC
New Tredegar RFC	v	Trinant RFC
St. Julians HSOB RFC	v	New Panteg RFC
Hafodyrynys RFC	v	Fleur De Lys RFC

15/04/2023

Newport Saracens RFC	v	Hafodyrynys RFC
Chepstow RFC	v	St. Julians HSOB RFC
Trinant RFC	v	Whiteheads RFC
Bedwellty RFC	v	Nantyglo RFC
Fleur De Lys RFC	v	New Tredegar RFC
New Panteg RFC	v	Blackwood Stars RFC

22/04/2023

New Panteg RFC	v	Newport Saracens RFC
Blackwood Stars RFC	v	Chepstow RFC
Whiteheads RFC	v	Fleur De Lys RFC
St. Julians HSOB RFC	v	Bedwellty RFC
New Tredegar RFC	v	Hafodyrynys RFC
Nantyglo RFC	v	Trinant RFC

29/04/2023

Newport Saracens RFC	v	New Tredegar RFC
Hafodyrynys RFC	v	Whiteheads RFC
Bedwellty RFC	v	Blackwood Stars RFC
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