

Job Description

Women's National Team Assistant Coach



JOB DESCRIPTION	
Job Title	Women's National Team Assistant Coach
Salary	Competitive depending on experience
Location	WRU National Centre of Excellence, Hensol
Hours of work	35 per week. Monday to Friday Our working hours are generally 9am – 5pm but our approach to hybrid working - 'Team Tactics' means you can flex your hours and attendance in the office to support a sustainable work-life balance
Responsible to	Women's National Team Head Coach
Contractual Status	<ul style="list-style-type: none"> • Fixed Term until 31.12.2025 • Subject to 6 month probationary period
Role Summary	The Assistant Coach for the women's national team will be responsible for the planning and delivery of a transformational coaching programme for the Wales Women's national programme. Primary focus of the role will be attack and backs focused, alongside all skill development for `players identified as high performance or performance potential. A key member of the national squad management team, the Assistant Coach will be required to support all members of the management team in the delivery of a high-performance environment.
Key Relationships	<ul style="list-style-type: none"> • Performance Director • Women's National Squad Management Team • WRU Sport Science and Medicine Departments • Performance Coach Manager • U20 & U18 Pathway Lead (Female) • Regional and Club Coaches • WRU Media Department
Key Responsibilities, Tasks and Activities	<ul style="list-style-type: none"> • Deliver exceptional team performance and individual player development within the women's international programme focused on world class outcomes • Support the organisation, implementation and review of a comprehensive high performance coaching programme for the Wales Women's squad • Lead on the technical and tactical development regarding attack, back play and skills • Lead on-field coaching delivery through a sound coaching approach that recognises current international trends • Design, implement, evaluate and record the effectiveness of all individual, unit and team developments • Planning and delivery of weekly sessions for squad players when and where appropriate – whether it be remote or central venues • Consult with S & C Lead on specific physical development programs for all players • Ensure the integration of individual player development plans through the programme with a clear review process for all individual players • Engage with and WRU skills coaches as and when required to support the programme delivery • To support and contribute to the delivery of the female rugby strategy, working closely with the management team to ensure the Senior Women's Performance Programme achieves success in alignment with the strategic plan

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	<ul style="list-style-type: none"> • Support the implementation of the strategy for promotion and success of the Senior Women's programme based around key milestone international events with long-term sustainability at the forefront of all plans • Create opportunities to support club coaches where possible to raise the standards and profile of women's rugby across Wales • Work with the management team to achieve and maintain productive, progressive and harmonious relationships with all stakeholders, including international bodies, rugby unions, clubs and regional staff • Compile an end of campaign/season program review to aid programme development • Carry out duties in support of the WRU Group Strategic Mission, Purpose and Values
PERSON SPECIFICATION	
Knowledge, Skills and Experience	<ul style="list-style-type: none"> • Significant experience of working in a high performance rugby environment • Evidence of developing and implementing performance coaching plans that have facilitated success on a National and International scale • High level understanding of systems that support high performance environments • The ability to create and embed a world-class high-performance culture and to lead by example • Experience of working in a female centric environment is desirable • Outstanding technical and tactical knowledge of individual development alongside team performance • Level 4 coaching qualification or equivalent • Demonstrable experience of engaging with lifelong learning • Excellent IT skills, specifically Microsoft package • Strong interpersonal skills • Excellent written and verbal communication skills are essential • Strong interpersonal and relationship management • Excellent knowledge and understanding of regulatory compliance • Ability to communicate and work through the medium of Welsh is desirable
WRU Group Benefits (Subject to change)	<p>As a permanent member of the WRU Group, you will have access to our full range of employee benefits, including:</p> <ul style="list-style-type: none"> • 25 days annual leave, plus bank holidays (pro rata) • Pension (5% employee, matched by WRU) • Life assurance (2 x basic annual salary) • WRU Group Ticket Allocation • Option to join Flexible Health Care Cash Plan • Quarterly wellbeing initiatives • Employee assistance programme • Enhanced Company Sick Pay • Team Tactics – hybrid working arrangements • Free stadium parking and gym • WRU Group store and tour discounts • WRU Group partnership offers (subject to change)
WRU Group Inclusion Statement	<p>The WRU Group is an equal opportunities employer. We are committed to supporting and prompting equality and diversity. We recognise the value of a diverse and inclusive workforce and welcome applications from all sections of the community.</p>
Other	<ul style="list-style-type: none"> • Valid UK driving licence is required

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	<ul style="list-style-type: none"> This role is subject to an enhanced DBS disclosure and reviewed regularly in line with regulated/professional/recruitment/policy and policy requirements 	
Acknowledgement		
Employee Signature:	Name:	Date:
Line Manager Signature:	Name:	Date:

The job description is subject to change pending review by the role holder and their line manager.